



WEEKLY NEWSLETTER

GRADE: 1
WEEK: 5

THIS WEEK AT NVS

English: Learned to listen and talk about our first experiences. Practiced remembering and tracing the alphabet, along with reading and spelling.

Mathematics: IXL Diagnostic test

Science: How plants helps us.

Arabic: Students studied the letter **Baa (ب)** in its different positions within words and completed the related activities.

STAR OF THE WEEK

English	Abdulaziz Ahmed (1A) Yousif Ayman(1B) Dalal Mohamed(1C)
Mathematics	Abdulaziz Ahmed (1A) Yousif Mahmood (1B) Zainab Ahmed (1C)
Science	Bader Ali (1A) Yousif Ayman (1B) Ali Hasan (1C)
Arabic	Ahmed Garallah (1A) Malak Abdalla (1B) Ali Fadhel (1C)

Healthy Food + Mathematics speaking activity for Grade 1

- Promoted healthy eating habits – Students learnt about nutritious foods and their benefits.
- Developed speaking skills – Students practiced speaking clearly and confidently in front of others.
- Connected Mathematics with real life – Students used counting, comparing, sorting, and simple numbers while discussing food.
- Builds confidence – Making and presenting video encouraged students to express themselves.
- Encouraged healthy choices – Students became more aware of making healthier food choices in daily life.
- Overall: The activity integrated Mathematics, speaking, health education, creativity, and digital learning in an engaging real-life context.

STUDENTS ACHIEVEMENTS

Science - Our Grade 1 students had an engaging hands-on learning experience using real plants to explore what plants - need to grow and survive. Students closely observed the plants and discussed the basic conditions needed for healthy plant growth, including sunlight, water, air, suitable temperature, and nutrients from the soil.

Through observation and discussion, students explored how each condition helps plants. They learned that water helps plants grow, sunlight provides the energy they need, air supports their growth, and soil provides nutrients and support. Students were encouraged to observe the leaves, stems, roots, and overall appearance of the real plants.

The students also discussed how plants help our environment. They learned that plants provide oxygen, absorb carbon dioxide, provide food and shelter for living things, and help keep our surroundings green and healthy.

UPCOMING EVENTS

Arabic

Students will study the reading text **At My Grandfather's House** and complete the related activities in the textbook.

Math

About Odd and Even Numbers

Breast Cancer Awareness

Students will dress in Pink colour on 6th October

PARENT REMINDERS

First Mid-term Exams start on Monday 5th October 2026.

Activity pictures Arabic class



Activity pictures Science class



Activity pictures Mathematics class



Activity pictures English class



Approved by: Dr. Mahmoud Ezzat (School Principal)

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